

Come to a Women's Circle



You're invited to manifest possibility,
discover and step into your truth!

Attend an *Inner Yaga Open Circle*.

The Inner Yaga Foundation is a community of women from many different backgrounds who share the common goal of enriching and healing the relationships we have with ourselves, with others, and with our world. In a circle of women, we practice inner work or personal growth processes with an individual spiritual focus.

The doorway into our community, and into the evolving inner work that we do, is the beautiful **Inner Yaga Training**, a two-and-a-half-day journey. This experience offers the opportunity to witness the untapped power within yourself, and to consciously imagine and direct the possibilities of your life.

We create or expand **Yaga Circles** after the Inner Yaga Fall Training and Circle Training. In our circles, women begin a deeper journey to develop courage, practice honesty as a way of living, and connect in safety.

Fall Training:
Oct. 10–12, 2014
Washougal, WA

Circle Training:
Nov. 7–9, 2014
Portland
and/or Seattle

Come and see for yourself!

There will be Open Circles on

Wednesdays from 7-9 p.m.

Aug 13, Sep 10

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A PROFOUND PERSONAL GROWTH WORKSHOP FOR WOMEN